

# LOOSE LEASH WALKING

LEVEL THREE

## GET READY:

- ✓ Yummy treats or your dog's favorite toy
- ✓ Leash (Not retractable, 4ft or 6ft)
- ✓ Find a new, slightly more distracting environment, to begin perfecting your loose leash walking in

## GET SET:

- ✓ Have your treats easily accessible (pocket, pouch, etc.)
- ✓ Place leash on your dog
- ✓ Hold the leash in a loose "J" shape
- ✓ Start your dog on either your left or right sides

## GO:

- ✓ Warm up your dog by taking a few steps in either direction and, if there is a loose "J" in the leash, mark and reward them.
- ✓ Once your dog is warmed up, begin slowly increasing your step numbers one at a time. Each new step count will be your new marker. Once you reach each new step count stop and if there is a loose "J" in the leash mark and reward your dog.
  - Start by taking 1 step. Mark and reward. Then take 2 steps. Mark and Reward. 3 Steps. 4 Steps. 5 Steps. And so on.
- ✓ Your goal is to be able to reach 100 steps without losing your loose "J".
- ✓ From here, you can begin to take this behavior outside into the real world and begin working it amongst real world distractions.
  - Handle your dog around distractions the same way you did in Level 3.
    - Mark and reward at your dog's first reaction and for a loose leash
  - Remember to continue rewarding behind you to prevent your dog inching forward out of position.

