

IYC (IT'S YOUR CHOICE)

LEVEL FIVE

GET READY:

- ✓ Find a new situation to apply your IYC concepts (new person, toys, person at the door, getting petted, etc.)
- ✓ Decide on a release word for your dog, such as "Break!", "Free!", ect.
- ✓ Leash (if applicable)

GET SET:

- ✓ Have your new situation set up so that your dog is more likely to succeed the first time (placement of distractions/motivators, start slow, have your dog on leash or behind a baby gate)
- ✓ Connect your dog's leash and let it hang in a loose "J" (if using)

GO:

- ✓ Apply the previous IYC techniques to new real-world situations!
- ✓ Anytime you are in a situation where you want your dog to make a better decision, before they get what they want, you can use IYC.
 - Is your dog jumping on you when playing fetch or some other toy-based game? IYC!
 - Is your dog jumping on new people to get attention? IYC!
 - Is your dog launching out of the car the moment you open the door? IYC!
 - Is your dog jumping all over guests at the door? IYC!
- ✓ There are nearly endless applications of IYC. The more places you practice IYC, the better your dog's overall impulse control will be.
- ✓ IYC can also be used for fun and useful behaviors such as:
 - Balancing a treat on paws, nose, etc.
 - Crate Games
 - Not bolting out of the car
 - Playing tug nicely
 - Sitting politely for greetings
 - Settling on a mat

